DON'T USE OR SELL DRUGS!

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Department:
Justice and Constitutional Development
REPUBLIC OF SOUTH AFRICA

Child Justice

DON'T USE OR SELL

DRUGS

Do not get involved in drugs. As part of the Department of Justice and Constitutional Development's work we give you information to help you NOT to buy, use, sell or deal in drugs.

READ THIS:

1. Think about what you read here.

2. Speak to your friends about the information in this booklet.

3. Be proud of yourself.

ASK YOURSELF:

1. Do I like being FREE?

2. Do I enjoy the POWER to make my own decisions and decide my own future?

3. Or do I want to be TOLD WHAT TO DO and letting others make life choices for me?

Well, doing drugs is like having someone else make your choices for you and not checking with you if you are ok with this!

If you believe that someone else cannot make choices for you, why would you let drugs do it?

DRUGS OR ILLEGAL SUBSTANCES WILL DESTROY YOU:

After your first taste, you may become enslaved to drugs or become ill.

- **YOU MAY BECOME ADDICTED.**
- **LOSE ANY POSSIBILITY OF A VALUABLE LIFE OR FUTURE.**
- **BE A BURDEN TO YOUR FAMILY, COMMUNITY AND TO YOURSELF**
- **LOSE YOUR MIND.**
- **AND YOU MAY POSSIBLY DIE.**

Along the way you may become a thief and may sell your valuable possessions; become a gang member or a habitual criminal, be convicted and imprisoned.

YOU WILL ALSO LOSE OUT ON EDUCATION.

WHAT ARE DRUGS?

Drugs are any chemical substances that cause a physical, mental, emotional, or behavioural change in a person.

WHAT IS DRUG ABUSE?

It is the regular use of any legal or illegal chemical substance that results in physical, mental, emotional, or behavioural change in a person.

THE GENERAL EFFECTS OF DRUG AND ALCOHOL ABUSE

- Drugs can make you drowsy, calm and relaxed - also known as “zoned out”.
- Drugs can make you excited, alert and full of energy - these are called “stimulants”.
- Drugs may make you imagine things that are false or not there.This effect is known as “hallucination”.

THERE ARE FOUR STAGES TO DRUG DEPENDENCY:

The experimental stage: When you first try it out as a single puff or a single hit.

- **The recreational phase:** You don't actively try to acquire the drug, but partake when your friends offer you drugs.
- **The regular-use stage:** You obtain the drug yourself and make sure you always have a stash. You use drugs once or twice a week.
- **The dependency stage:** At this stage drugs will be the most important thing in your life and any attempt to separate you from the drug will be met with fierce resistance. Drug addiction is a deadly disease if not treated. No wonder it's described as a "journey to nowhere".

WHAT ARE THE DRUGS YOU ARE MOST LIKELY TO SEE OR HAVE OFFERED TO YOU?

NAME	STREET NAME	USE AND EFFECT
Tobacco	Smokes, cigarettes	Smoked or chewed. Addictive
Ecstasy	E, Eccy, Ex, pills, plakkers, party smarties, drop a pill, double drop, chow buzzing, rolling, wired, bumbled	These may be swallowed, crushed or snorted into the nostils or inserted into the anus or vagina. Very addictive
Cocaine	Coke, snow, blow, - chop us a line, cut a line, or do a line.	It can be snorted up the nose. Very addictive. Dangerous. Causes nose bleeds.
Tik /Methamphetamine (MA)	CRYSTAL METH, TIK - meth, meth-mouth.	Smoked. It is highly addictive and causes violent behaviour , excessive sweating ,diarrhoea, nausea,insomnia ,irritability ,loss of appetite;, tremors, agitation and confusion.
Heroin	Smack, china white, H, horse	Heroin is an illegal, highly addictive drug processed from morphine and is extracted from the seed pod of poppy plants. It can be snorted, smoked or dissolved, diluted, and injected into veins, muscles, or under the skin.The structure of the central nervous system and the brain is changed from the first use.
Alcohol & Spirits	Spirits, booze, papsak, drankies	Drunkeness. Addictive. May cause alcoholism

Note well: All drugs lead to a diminished ability to make decisions clearly such as whether to have sex or not, or to use safe sex options.

NAME	STREET NAME	USE AND EFFECT
Dagga /cannabis	Weed, doobie, pot, smoke, slow boat, bong, pipe. marijuana, hashish, ganja, zol, cookies, bankies.	Can be smoked, eaten or used in stews and teas. Highly addictive. Causes brain damage.
Nyaope / Bluetooth	Whoonga	Smoked. Highly addictive. Extremely dangerous. Smoked. Causes body odour and dry, itchy skin. Disturbs sleeps patterns.
Rohypernol, eye drops	Date rape drug, club drugs, liquid Ecstasy, Special K.	Poured or dropped into drinks. Eye drops are squeezed into drinks. Makes one weak, confused, or cause one to pass out. Lowers the blood pressure, confused state, stomach problems. Death.
Lysergic acid diethylamide (LSD)	A, acid, microdots, candy, trips, blotter acid, white lightning.	It is swallowed or held under the tongue.Dry mouth , loss of appetite, increased blood sugar, difficulty sleeping , tremors and seizures.
Over the counter codeine	krokodil, syrup, purple drank, cody, cough mixture, medicine	Nausea, vomiting , trouble sleeping , dizziness, headache or nervousness
Ntash / methcathinone	Khat	White crystalline post snorted, taken orally by mixing with beverage or diluted water. Increased alertness, slurred speech, shaking of the limbs, increased blood pressure, risk of stroke or heart attack, increased emphathy and sense of communication

MORE ABOUT NYAOPE (OR WHOONGA)...

1. Nyaope or Whoonga is a deadly cocktail or mixture of third grade heroin, rat poison, pool cleaner, other cleaning detergents, and sometimes crushed HIV antiretroviral medication [ARVs] which is used to treat patients with HIV. It is a dangerous and highly addictive South African street manufactured drug

2. It is not always clear what all the ingredients of Nyaope are, as the ingredients may vary from place to place. The Drugs and Drug Trafficking Act, 104 of 1992, was amended to declare any concoction or mixture of the ingredients of Nyaope as illegal.

3. It is sold as bags of white powder and is usually added to dagga and smoked as a joint.

4. A person can become highly addicted after using the first smoke. A user will soon feel as if he needs several 'hits' to make it through the day.

5. Nyaope does not have a smell or scent

6. Nyaope is a serious threat to South Africa's HIV-positive population.

7. There have been reports of gangs robbing HIV/AIDS clinics to obtain ARVs for making Nyaope, as well as addicted users mugging ARV patients to obtain the drugs for themselves.

As with all street drugs, the best way to deal with Nyaope is to never, ever try it! If you are addicted to Nyaope, get some help. Go to the nearest health clinic and find out how to enrol into a drug rehabilitation programme.

DATE RAPE DRUGS

1. These drugs are sometimes used to assist to achieve high level of energy at raves or concerts.
2. They may also be used in the sexual assault of victims.
3. Date rape drugs or club drugs have a quick onset and can cause death after the first dose.
4. The length of time for the effect may vary from individual to individual.
5. They may have no taste or scent or colour.
6. These are available in pill and liquid form.
7. Do not accept drinks which are pre-poured from anyone.

Be careful of the following club drugs: ecstasy, rohypernol and eye drops. These substances are ***colourless*** and ***odourless.***

They are used to spike drinks and intoxicate others. This often results in ***date rape***, as the victim may not be aware that his or her drink has been spiked with a drug.

Make sure you fetch your own drinks. Don't accept drinks from a stranger. All it takes are a few drops or a capsule or a little powder sprinkled into the drink.

THERE ARE PHYSICAL DANGERS TO YOUR BODY AS WELL.

DRUGS HARM YOUR BODY IN THE FOLLOWING WAYS:

- Alcohol damages the liver, kidneys and brain.
- Dagga causes cancer, heart problems, and damage to the brain and reproductive organs.
- You may lose weight
- Mandrax harms the heart, lungs, nervous system, blood and the brain.
- Crack (or cocaine) destroys nasal tissues, causes high blood pressure, and affects the heart and mind.
- Heroin damages the heart and lungs, causes severe weight loss, fits and tremors (shaking).
- Khat is a stimulant. It is most commonly smoked and is extremely addictive.

THE CONSTITUTIONAL COURT JUDGMENT ON DAGGA/ CANNABIS

- A child, whether male or female, becomes an adult upon reaching the age of 18 years. Children are not allowed, by law to use, be in possession or smoke dagga/ cannabis. The court ordered that:
- It is still illegal for a child to use and or possess cannabis whether in public or public however, that child cannot be arrested and or prosecuted and or sent to a diversion programme. The child should be dealt with and referred to alternative social systems available i.e. referred to rehabilitation.

CAN CHILDREN BE ARRESTED FOR THE USE OF OTHER DRUGS?

Yes. Children can still be arrested for the use of other drugs except for cannabis.

IS IT AN OFFENCE TO SELL OR SUPPLY DRUGS

Yes. It is an offence to supply or sell any drugs including cannabis, children or adults selling or supplying drugs can be prosecuted.

WHAT WILL HAPPEN TO YOU WHEN YOU ARE ARRESTED?

Depending on the circumstances of your illegal conduct you may be charged with:

- Possession and use of drugs.
- Dealing in or selling drugs.
- The manufacturing of drugs.
- The selling of drugs etc.

YOU MAY BE DETAINED.

- You will be prosecuted in a court of law.
- If you are found guilty of committing any drug related crime, you may be sentenced for a period up to 25 years imprisonment.
- The magistrate may also order that you be admitted to a drug rehabilitation centre which falls under the control of the Department of Social Development and the Department of Health.
- If you acquired any property including money as a result of criminal activity with drugs, you will be prosecuted.
- Upon conviction you will forfeit (lose or hand over) your property to the State in terms of the Prevention of Organised Crime Act, 1998 (Act No 121 of 1998) .

DO YOU NEED ANY HELP?:

Here is a toll free number and an SMS number you can use NOW 0800 12 13 14 or SMS 32312.

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Chief Directorate: Promotion of the Rights of Vulnerable Groups
Department of Justice & Constitutional Development

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